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| --- | --- | --- | --- | --- |
| Day of the Week | Breakfast | Lunch | Snacks | Dinner |
|  |  |  |  |  |
| Monday |  |  | Vegetable Maggi, Tea |  |
| Tuesday |  | Kadi, Roti, Meethi Aloo, Rice, Aachaar, Salad. | Matar Kulche, Tea | Plain Dosa, Masala Dosa, Idli, Sambhar, Coconut Chutney, Spicy Chutney, Lemon Rice |
| Wednesday | Poha, Bread, Tea, Coffee |  | Samosa, Tea |  |
| Thursday |  | Daal, Bhindi, Rice, Raita, Achaar, Salad | Macaroni, Tea |  |
| Friday |  |  |  |  |
| Saturday |  |  |  |  |
| Sunday |  |  |  |  |